



# ALTITUDE

— MINISTRY TEAM —



Oxygen Life  
CHURCH

PROSPECTUS

IF THEN YOU HAVE BEEN  
RAISED WITH CHRIST, SEEK  
THE THINGS THAT ARE ABOVE,  
WHERE CHRIST IS, SEATED AT  
THE RIGHT HAND OF GOD.

*COLOSSIANS 3:1*

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## WHY ALTITUDE?

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More than ever, this world needs people who will follow the upward call of God. People who will put aside earthly pursuits that have no eternal value, and seek His kingdom first and foremost.

In his letter to the Colossian church, Paul gave this instruction:

***“Since then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. Set your minds on things above, not on earthly things. For you died, and your life is now hidden with Christ in God.” (Colossians 3:1-3)***

When our hearts and minds are firstly fixed on what is above, we'll be able to approach everything with the perspective of His kingdom, and it'll cause us to truly make an impact on the world around us.

The name **Altitude** is a reflection of our desire to do just that – to go up. Not in pride or position, but in seeking first the interests of the kingdom of God. It's a kingdom above the kingdoms of this world, and God is looking for a generation that will let the reality of the heavenly kingdom inform their approach to the earthly one. Jesus told us to pray for God's will to be done on earth as it is in heaven, so the kingdom that is above must come first. Similarly, Paul told the Ephesian church that God has raised us up with Christ and seated us in the heavenly realms in Him; we're meant to live from that reality first.

We believe that by training and equipping men and women to seek the things above, we are going to see a greater outpouring of the power of God through our church into our city and beyond.

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## THE PROGRAM

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Altitude is a one-year intensive discipleship training program of Oxygen Life Church. We want to train men and women for the work of ministry through the local church, not outside of it. This means we focus on theological study and training, as well as hands-on practical experience. Being effective ministers for the kingdom of God means being equipped in many different areas, so during the year we cover the following: \*

- Growth in personal giftings and skills
- Leadership development and training
- Focused discipleship
- Theological study and training
- Involvement in church life
- Serving in Oxygen Life Church
- Ministering on outreaches

*\*Please note: The information in this prospectus is subject to change.*

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## OUR FOCUS

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We believe that proclaiming and demonstrating the kingdom of God will change our communities, cities and nations, and that God establishes His kingdom on this earth through the local church. The power is in the Gospel, and the vehicle is the church.

Jesus changes people from the inside out, and any changed life has to be based on a genuine encounter and relationship with Him. If not, we simply learn to mimic the behaviour and practices of those around us, and that approach cannot produce the type of life God wants us to live. For each student at Altitude, we want to see the same values we see in people of the Bible who truly had their lives and value systems changed by the Gospel.

### **Jesus First**

The studies, serving, outreaches, fun and fellowship that make up Altitude are all very important, but they're not our first priority – Jesus is. A personal, dynamic relationship with Jesus is the most important thing for each person, and everything else flows from that.

### **A Changed Life**

Because of Jesus, we live differently. We put aside sin and we embrace a holy life. We do whatever possible to live out the instructions seen in the New Testament, and to become more and more like Jesus.

### **We're in This Together**

God didn't design us to live in isolation. We see a pattern of people being together in a family where they're able to help and care for one another, encourage each other and spur each other on towards a common goal. In this environment, we can speak honestly and with love, holding each other to the standard that God wants from us.

### **Go, Go, Go**

God reaches out, and so we do the same. Jesus left His throne to seek those who were lost, so we reach out to people who need to hear the message that Jesus died for the sins of the world that we might have life. If we love God, we can't help loving people around us and reaching out to those He wants to reach.

### **One Heart**

Unity is a big value in the Bible. God shows His favour and blessing when we walk with a common vision and purpose. Altitude aims to be a team that truly walks in "one heart and mind" as we see demonstrated in the early church in Acts.

*"Since then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. Set your minds on things above, not on earthly things. For you died, and your life is now hidden with Christ in God." (Colossians 3:1-3)*



## MEET THE TEAM



**DAVE MCGILLIVRAY**  
*ELDERSHIP OVERSIGHT*

Dave and his wife, Ally, have been on eldership at Oxygen Life Church since 2018, with Dave leading Altitude since 2019.



**ANT MEEK**  
*ELDERSHIP OVERSIGHT*

Ant has been part of Oxygen Life since the church was planted in 2002, and has been an elder since 2006. In 2017, he pioneered Altitude and got the program running.



**MATT ANDERSON**  
*ALTITUDE LEADER*

Matt is a deacon and on staff at Oxygen Life Church since 2020, and since 2024, has been on team with Altitude.



**LISA VAN TONDER**  
*ADMINISTRATION*

Lisa works full-time on staff at Oxygen Life Church specifically giving her time to Altitude. She is also studying Psychology part time and also serves in the church as a deacon. She has a love for people and the outdoors.

Alongside the leadership team of Altitude, the students will receive input from various elders, deacons and saints over the course of the program as well as interact with the staff component of Oxygen Life Church.

*"All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness..." (2 Timothy 3:16)*

# CURRICULUM





## OUR CURRICULUM

At Altitude we have developed a one-year training program that broadly combines theology, history and practical application. We want each of our students to be equipped and enabled to impact a wide range of people and to reach across many boundaries.

### **Systematic Theology**

*Using a topical approach, students will develop a whole-Bible theology on the major doctrines of the Christian faith.*

### **Practical Ministry**

*We train students with the practical skills needed to be a well-rounded and effective minister, communicator and leader.*

### **Christian Life and Spiritual Growth**

*We aim to equip students with the necessary foundations and tools for a grounded spiritual life.*

### **Life Skills**

*To help students learn skills and abilities that will enable them to live life in a real world, this can include topics like cooking, stewarding finances, and First Aid.*

The curriculum of Altitude has been compiled by experienced ministers, and combines the input of Oxygen Life leaders with the resources available within the Four12 partnership of churches. The goal behind Oxygen Life leaders presenting certain classes is to create a teaching environment that involves theory as well as application, delivered by people who've gained experience and understanding through their leadership roles within the church. We believe that this gives students the best opportunity to grow during their teaching times.

Altitude is not an accredited course in itself, but each student will receive a certificate of attendance after the year has been completed.

*Our entire course is done in English, so while we welcome international students and will provide any information that is needed, **the ability to do the entire program in English is compulsory.***

***"All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness..." (2 Timothy 3:16)***



## SERVING & TRAINING

Serving and practical training (or outreaches as we call them) will give students the opportunity to put into practice what they have been taught. Practical training does not only equip students, but also serves as a catalyst for releasing them into active ministry. By exposing students to different disciplines of Christian ministry, we create a reasonable perception of ministry, thus aiding them in the process of clarifying their own call to ministry while spreading the Word of God and ministering to others! There are also numerous visits to different Oxygen Life congregations (as part of ministry times, and also as part of fellowship times) that will have a big influence on the training and shaping of every student.

The practical training will focus on several areas of ministry in South Africa and abroad, including:

### OXYGEN LIFE CHURCH

Each Altitude student will be actively involved in Oxygen Life Church, living out the values and disciplines that we see in the New Testament. They'll be brought into genuine fellowship beyond a Sunday meeting, and into an environment where discipleship and community receive a strong emphasis. For more information about Oxygen Life Church, please visit our website at [www.oxygenlife.co.za](http://www.oxygenlife.co.za).

As part of the students week within Altitude, they will have set slots where they will be involved with practical areas of serving at our Oxygen Life building through building care and maintenance, administration and working in Stir Coffee Co.

### SERVING IN OUR LOCAL COMMUNITY

Each week, the team members commit to a particular outreach, which might include evangelism, spending time with children or helping at a babies' home. This is an invaluable part of the practical training because it creates a consistent outlet of practical helping in the community, cultivating a lifestyle of service towards those in need.

There are several schools in Gqeberha where our Altitude team does outreaches – holding meetings, embarking on activities and spending time with the learners. In addition, there are youth camps and other outreaches into communities for the team to take part in.

There are many areas and people groups that live in poverty, and the Altitude team will occasionally have the opportunity to bring practical help and spiritual guidance to people in those communities. This is all done in partnership with a local church, and will help the team grow personally by learning compassion and servanthood.

### MINISTRY TRIPS

The team will also have the opportunity to travel to partnering churches in other parts of South Africa or abroad, where they're able to apply what they've been learning and have an influence in a wider context. This will create a chance for leadership gifts to develop even further, and for relationships to be built in other parts of the country.

We also encourage each student to sign up for independent Four12 outreaches and Oxygen Life ministry trips, separate from the Altitude program where students will join teams of other believers as they minister.

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## COURSE SCHEDULE

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As part of the course schedule, students will attend classes of varying topics. Each topic is intended to grow them in their knowledge and understanding of Scripture, doctrine and church life in God's Kingdom.

An important part of each weekly schedule is connecting with God, so the students will participate regularly in worship times as well as group and personal devotions.

A big part of outreach or practical ministry is the time spent preparing. We believe in teaching our students the value of being properly prepared by allocating times for them to rehearse or plan ventures that could include drama, preaching and teaching. It's important that they feel prepared when they spend time ministering to others, and that they learn the discipline of setting time aside for it.

Each student is trained from a very basic level, and so a lack of previous experience is not a barrier and should not be a concern. We value the opportunity more than we value the skill, and encourage each student to enjoy the chance to teach and lead others, even as they grow in their own self-confidence.

**This is the basic week schedule during training times:**

	Mon	Tues	Wed	Thur	Fri	Sat	Sun
8am - 11am	Team Devotions & Connect Time	Staff Devotions & Classes	Outreach in schools, prisons, babies homes & more	Classes	Classes	Day Off	Sunday Meetings
11am - 1pm	Classes	Classes & Outreach Prep		Serving	Serving		

The official Altitude program runs until 1 pm, after which students are free to get involved with other activities of their choice.

Afternoons during the week are open, meaning students are free to pursue studies after their morning classes if they want to. This could include, for example, studies in theology, which some students may want to study through a formal institution. In that case, we would highly recommend a correspondence course through SATS (South African Theological Seminary).

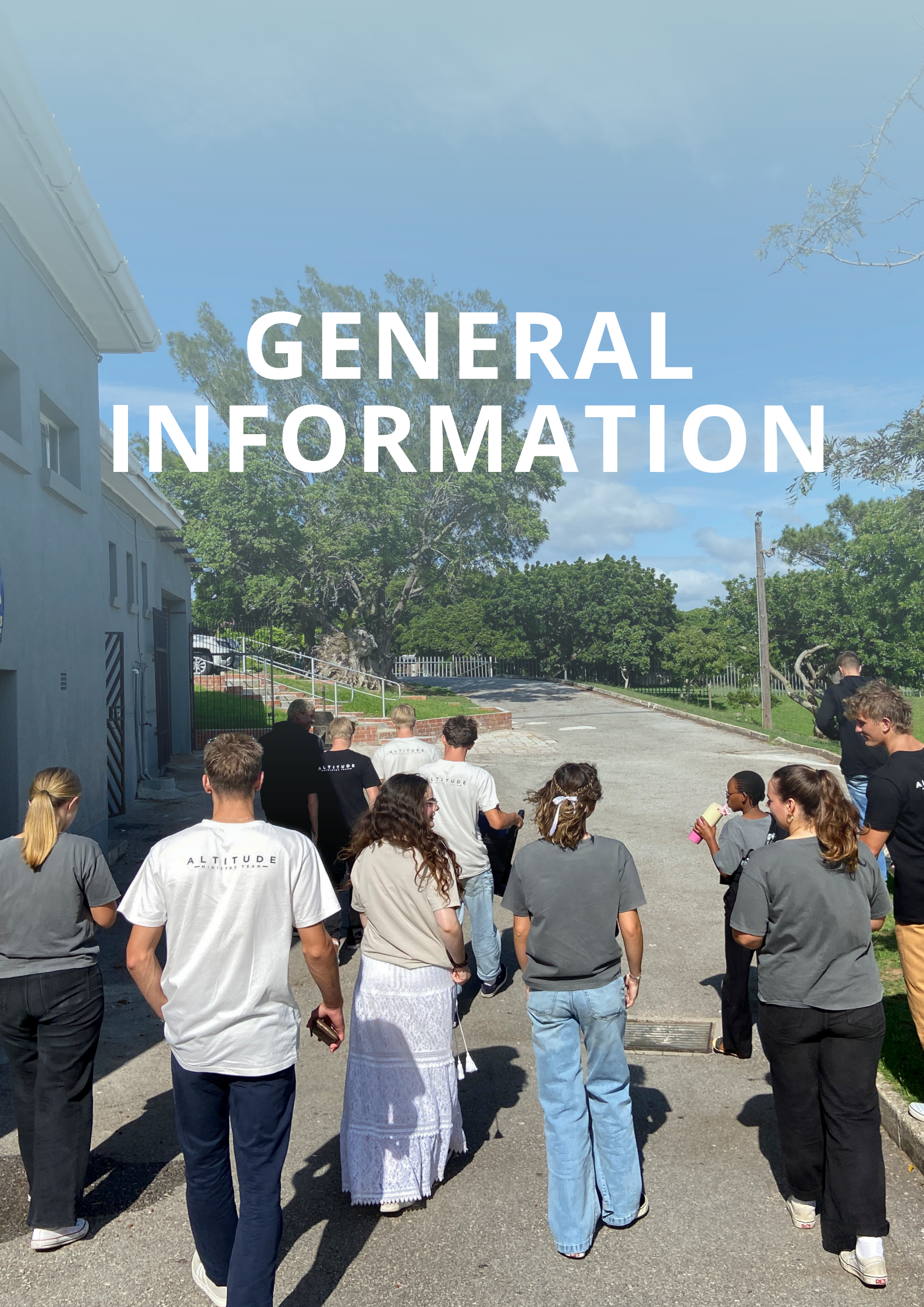
The year is structured into four terms with students taking school holidays and public holidays off. Term 1 commences on Tuesday, 20 January 2026 and Term 4 ends with graduation on Saturday, 5 December 2026.

Students will be expected to attend a community group (home group) which takes place during an evening each week.

Students will be expected to be actively involved each Sunday in Oxygen Life's congregations throughout the course of the year.

***"Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ." (Colossians 3:23-24)***

# GENERAL INFORMATION



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## APPLICATION PROCESS

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### **What you need to do in order to apply for Altitude 2025:**

Use the link on our website or [CLICK HERE](#) for online application form. Please make sure to fill out all the relevant information required. Submit the completed form with payment of the non-refundable Administration Fee of R300 by 1 December 2025. A delay in payment or an incomplete application form will lead to a delay in the processing of the application.

Once the application and application fee has been received, we will contact you for an in-person or online interview to discuss your application further and to get to know you.

Accepted students will receive a Letter of Acceptance via email detailing further steps to be taken. Unsuccessful candidates will be notified. You will receive feedback by 14 December 2025.

Every student application we receive is carefully prayed about and processed with our team leaders as well as our local eldership team. With the processing of each application, we need some time to jump on a call or chat with the prospective student to hear a bit more about them.

Please make sure that all Altitude applications are submitted by 1 December 2025.

Students accepted into the program will be required to pay a deposit by 16 Dec 2025.

**Term 1 Commences on Tuesday 20 January 2026.**

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## TERMINATION OF ALTITUDE

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If a student chooses to terminate his/her studies at Altitude at any stage after the start of the year, he/she will be held liable for three months worth of fees from the notice date.

Altitude reserves the right to terminate a student's participation in the program in the following instances:

- The student continually conducts himself/herself in a manner contrary to the code of conduct of Altitude.
- If any fees are outstanding for a period longer than one month, except if prior arrangement has been made and approved by Altitude. Should this happen, the student will be held liable for three months worth of fees from the notice date.

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## FEES

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### PROGRAM FEES

- Admin Fee: R300
- Program fee: R43 450
- Team Gear: R3000
- Total Program Fee: R46 750

### PAYMENT OPTIONS

- Student fees can be paid in full prior to the year if desired. **(R43 450)**
- Alternatively, students may make monthly payments of **R3950** over an 11 month period from January to November. These fees are to be paid by the 7th of each month by EFT.
- Please note that students' contract with Altitude is for a full year and three months worth of fees will be due even if the student discontinues their studies for whatever reason prior to completion of their full course year.
- Upon confirmation of acceptance, an upfront payment of **R3000** is required for each students team gear. This includes: Altitude shirts, hoodie, bottle and hiking bag. Payment for team gear is due alongside your signed conformation of acceptance letter.

### STUDENT FEES INCLUDE

- Class fees & materials
- Altitude outreach costs
- Altitude camp costs
- Year-end graduation ceremony costs
- Four12 events where Altitude is involved
- Involvement in Oxygen Life Church congregations
- Internet access according to Bethany Trust fair usage policy

### STUDENT FEES EXCLUDE

- The use of the telephone, photocopier, printer and internet access for personal use
- Accommodation and food
- General expenses relating to Oxygen Life Church events (gatherings, meetings etc.)
- End of year international outreach and additional outreaches not involving Altitude.
- A once off payment of R3000 for team wear payable after confirmation of acceptance

### PAYMENT REQUIREMENTS

- Bank Account details are under the Bank Details section found at the bottom of this page.
- Please EFT only to our bank account as per the details on the next page.
- If you are under 18 years of age then you are required to have a parent or guardian co-sign with you.
- Any errors and omissions in this form supplied by us are excluded, and will be subject to correction.

### RAISING FUNDS

Students may need to raise funds through sponsors to pay for their student fees. It is each student's responsibility to ensure that the funds are paid directly into the correct bank account and on the necessary dates. Should you need information to give to your sponsor/s then please contact us to request that information.

## BANK DETAILS

The details of the bank account to be used for the application Administration Fee, deposit and student fees are as follows:

Bank: Nedbank  
Account Holder: Oxygen Life Church  
Account no: 1213066360  
Branch: Newton Park (121317)  
Reference: Altitude + Surname

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## SERVICES

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- Our IT services include: network setup and internet bandwidth for one device over an ADSL network line, which is accessible over Wi-Fi. This is a monitored service and we can track what users do on the Internet, and you agree to this monitoring.
- We also reserve the right to cancel your access to the Network or internet in the case of misconduct or abuse of the network or inappropriate internet use. All these services are included in the course fees, except if specifically stated otherwise.
- Please make sure that your Tablet, PC, Laptop or Notebook has original licensed and legal versions of the operating system and other software on it. No illegal copies or pirated software or digital media is allowed. If your Tablet, PC, Laptop or Notebook contains any illegal or unlicensed software or digital media then we reserve the right to restrict you from access to our IT Network.

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## HELPFUL GUIDELINES

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### CLOTHING

#### THE BASE (OXYGEN LIFE CHURCH)

There is no formal dress code but we do expect you to dress neatly and appropriately for class. We advise that you wear comfortable clothes as you may be more active during the serving time.

#### OUTREACHES AND MINISTRY DAY TRIPS

We will travel to various places, meet different people and take part in activities. Please dress accordingly:

Altitude t-shirt or jacket  
Full-length pants  
Comfortable shoes

### OTHER ITEMS THAT YOU NEED

- English Bible (compulsory)
- Passport (compulsory)
- Any medication you might need
- Pen & paper/diary
- Stationery
- Sleeping bag (highly recommended)

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## ACCOMMODATION

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Our course is run in Gqeberha, South Africa and we often welcome students from around the country and even the world. For those not from our beautiful city, here are two options for accommodation over the course of the year.

**STUDENT HOUSE:**

Right in the heart of Walmer, we have a home ready to welcome students into church life in Oxygen Life. Since the beginning of 2023, we've had students staying at this home that's a short 350m walk from our main church venue, the Base. Although we welcome all applicants from Oxygen Life Church, space is prioritised for students applying for our two gap year programmes: Ready Aim Fire and Altitude Ministry Team.

Between the 4-bedroom house and the two garden flatlets, we'll see 15 students people living on the property, enjoying community living, and making the most of the beautiful garden, patio, and swimming pool. The main house is allocated for girls, and the flatlets for guys. The property also has ample off-street parking for residents.

Use your phones camera to scan the QR code to view the Student House application form.

**RENT A SPOT:**

Renting a flat or apartment with another student or member of Oxygen Life is also another great way to stay in Gqeberha. Rental amounts are generally cheaper in our city than other parts of South Africa, so spend some time searching the web for a suitable spot.

Feel free to contact us to see if we know of any other students looking to rent an apartment .

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## CONTACT INFORMATION

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**PHYSICAL ADDRESS**

13 2nd Avenue  
Walmer  
Port Elizabeth  
6071

**CHURCH WEBSITE**

[www.oxygenlife.co.za](http://www.oxygenlife.co.za)

**BANKING DETAILS**

Bank: Nedbank  
Account Holder: Oxygen Life Church  
Account no: 1213066360  
Branch: Newton Park (121317)

**TELEPHONE**

+27 (82) 831 7858

**EMAIL**

[admin@altitudeministryteam.co.za](mailto:admin@altitudeministryteam.co.za)

**OFFICE HOURS**

Monday - Thursday: 8AM - 4PM  
Friday: 8AM - 1PM

*"All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness," (2 Timothy 3:16)*



Please feel free to contact us:

**OFFICE HOURS:** Monday - Thursday: 8:00 AM - 4:00 PM | Friday: 8:00 AM - 1:00 PM

**OFFICE:** 041 581 8633 | **EMAIL:** [admin@altitudeministryteam.co.za](mailto:admin@altitudeministryteam.co.za)

